

Macheke, 115 km from Harare, Along Mutare Road, 400m off Virginia Road

+263 773 203 030 | +263 782 467 606 | +263 777 637 895

M admin@firstchoiceprivateschool.ac.zw

MENU

DAY	BREAKFAST	TEA BREAK	LUNCH	DINNER	NIGHT CAP
	0630 – 0700	0940 – 1030	1250 – 1350	1700 - 1800	2030 – 2100
MONDAY	CORNFLAKES BREAD (WITH MARGERINE)	BREAD (WITH BACON) & TEA	MAIN: RICE & BEEF STEW VEG: MIXED VEGETABLES SALAD: COLESLAW DES: WATER MELON	MAIN: MACARONI & CHICKEN VEG: BUTTERNUT SALAD: GREEN SALAD	PAN CAKES & TEA
TUESDAY	CEREVITA BREAD (WITH JAM)	BREAD (WITH BAKED BEANS) & TEA	MAIN: RICE & CHICKEN VEG: CARROTS AND GREEN BEANS SALAD: EGG SALAD DES: ICE CREAM	MAIN: POTATE WEDGE & RUSSIAN SAUSAGE SALAD: GREEN SALAD DES: JUICE	HALF MOON & JUICE
WEDNESDAY	RICE KRISPIES BREAD (WITH MARMALADE)	ROLLS (WITH POLONY) & TEA	MAIN: RICE & SUGAR BEANS SALAD: COLESLAW DES: FRUIT JUICE	MAIN: MASHED POTATOES & MINCE SALAD: BAKED BEANS SALAD	SPUDS OR LAYS & SOFT DRINK
THURSDAY	CORNFLAKES BREAD (WITH PEANUT BUTTER)	BREAD (WITH EGG MAYO) & TEA	MAIN: SADZA & CHICKEN STEW VEG: COVO nd Beyond	 MAIN: RICE & PORK VEG: MIXED VEGETABLES SALAD: POTATOE SALAD DES: BANANA 	BREAD & TEA
FRIDAY	CEREVITA BREAD (WITH MARGERINE)	ROLLS WITH CHEESE & TEA	MAIN: SPAGHETTI BOLOGNISE VEG: MIXED VEGETABLES SALAD : COLESLAN SALAD DES: YOGHURT	MAIN: SADZA & BEEF STEW VEG: COVO	MAPUTI, SWEETTS OR CHOCCOLATE S AND MAHEWU
SATURDAY	PORRIDGE WITH PEANUT BUTTER Agree	BREAD WITH SAUSAGE & TEA Disciple	MAIN: RICE & CHICKEN STEW VEG: BUTTERNUT SALAD: BAKED BEANS SALAD DES: FRUIT JUICE	MAIN: MACARONI & BEEF STIR FRYN SALAD: GARDEN SALAD	BREAD WITH POLONY & TEA
SUNDAY	CORNFLAKES BREAD (WITH JAM)	BREAD WITH BAKED BEANS, FRENCH TOAST& TEA	MAIN:BURGER AND CHIPS DES: JUICE	MAIN: SPAGHETTI BOLOGNISE VEG: MIXED VEGETABLES SALAD: COLESLAN SLAD DES: APPLE/ORANGE	CASCADE PORK PIE OR BUSCUITS



+263 773 203 030 | +263 782 467 606 | +263 777 637 895

admin@firstchoiceprivateschool.ac.zw

NOTE:

- 1. 11 LEARNERS DO NOT TAKE PORK.
- 2. 2 LERANERS DO NOT TAKE FIZZI DRINKS.
- 3. 2 LEARNERS DO NOT TAKE BEEF.
- 4. 1 LEARNER DOESN'T EAT SADZA.
- 5. 3 LEARNERS DO NOT TAKE MINCE.





Macheke, 115 km from Harare, Along Mutare Road, 400m off Virginia Road

+263 773 203 030 | +263 782 467 606 | +263 777 637 895

M admin@firstchoiceprivateschool.ac.zw

